

Glendale Union High School District

Athletic Clearance

In order to be cleared for the first day of permissive practice a student-athlete must have forms turned in to the Athletic Office 2 weeks prior to the start of practice.

- Read the Center for Disease Control Athlete Fact Sheet on concussions
[Center for Disease Control Athlete Fact Sheet](#)
- Complete the Concussion Education Test- [AIA Concussion Education Course and Test- Brainbook](#) - Please print the completion certificate when you have completed the course and test

AIA Bylaw 14.14 CONCUSSION EDUCATION- All student athletes shall complete the Brainbook online concussion education course. Student athletes participating in sports as of the 2011-12 school year shall complete the course. All student athletes shall complete the course prior to participation in practice or competition. *Note: The Brainbook online concussion education course must be completed by a student athlete only once.* [AIA article 14 Bylaws on Concussion education](#)
- Complete and Print MTBI/Concussion Statement and Acknowledgement form

[AIA MTBI/Concussion Acknowledgment Form](#)
- View Sports Risk Video and complete and print the verification form
[Sports Risk Video](#)
[Sports Risk Video Verification Form](#)
- Print AIA Physical Forms and take the forms to your appointment- Physical must be completed after March 1 to be current for the following school year
[AIA Pre-Participation Medical History](#)
[AIA Pre-Participation Physical Examination](#)
*Both forms must be printed and signed by the doctor, parent and student where necessary
[AIA Bylaw 15.7- Physical Examination Rule](#)
- Print and complete **two (2)** Emergency Consent forms and provide a copy of your Medical Insurance Card
[Emergency Consent Form](#)
- Certified copy of Birth Certificate (required upon registration in school)

All documents can be accessed on the school webpage in the Athletics tab.

In order to be cleared for athletic participation the steps above must be completed and a hard copy of the required documents must be turned in to the Athletic Office. Please make sure all forms are signed and dated.

You are not cleared to participate in practice or games until all documents are verified by the Athletics Office and you have been given an Athletic Clearance Card. This card must be given to the coach in order to be eligible to practice or play in a game.