

# Arc Action

## Cake Decorating Details

The cake decorating class is full. The time is 6:00 pm to 7:30 pm on Monday, September 16. Remember, materials have already been purchased and instructor fees have already been paid on your behalf. Please do not be disrespectful by not showing up now that you have registered.

Items to bring the night of the class: an apron or old shirt, a drink for yourself in case you get thirsty, a rubber spatula if you have one (if not, we will share), and a cake carrier. You will need to take your decorated cake home with you. If you do not have a cake carrier (a plastic holder similar to Tupperware) then a pie plate and the lid to a mid-size *lined* cardboard box will work (bigger than a shoe box but smaller than a copy paper box). The lid will go on top of the pie plate with your cake nestled inside the pie plate.

Please be on time as we will start promptly at 6 pm and will not repeat instructions for late arrivals.

call and register for the class at 946-1011. Once you register, you are expected to show for the class since this is a popular Arc program and someone else could have benefited from your spot.

You will need to bring an apron or old shirt since this is a participation class and students will be assisting in preparing the meal. The Arc will provide everything else. Students will take home any extra vegetables to practice the meal at home. Bon Appétite!

## FUTURE PROGRAMS PLANNED

The Arc of Blair County has made an energized effort to offer a 'special' class each month that is educational, yet fun. We are striving to introduce programs that are typical and that the general public gets to experience. For some reason, a large number of Arc members do not take advantage of these everyday type of classes offered in the community. So, The Arc is introducing the classes in a more structured, comfortable setting with the hope that

to feel at ease in joining with the community programs. Upcoming ideas for future programs include:

October – Zumba; November – Holiday Card Making; January – Ethnic Cooking Classes (food typical of certain countries); February – Stained Glass Art Pieces.

The times and dates are still being coordinated with the class instructors. Be on the lookout for notice in future newsletters of Arc Action!

## COOKING CLASS

Join us for dinner

Join us on Monday, September 23 from 5:30 pm to 7:30 pm as we make use of the vegetables from The Arc's backyard garden.

We are going to learn how to can vegetables so we can enjoy the taste of vegetables during the winter months. Dinner will then be made using vegetable recipes.

This class will be limited to 15 students because of the hands-on teaching. You must

## MEN'S NIGHT OUT

No, guys, we did not forget you. The Arc has been trying to think of a social night out for men similar to the 'Ladies Night Out' parties. We need your input! The Arc is considering bringing in an indoor rock climbing wall. In addition to this, there would be stations throughout the room to shoot pool, throw darts and play poker and board games. Of course, there would 'manly' food to snack on such as pulled pork sandwiches and wings. If this sounds like something you'd like to try, give The Arc a call at 946-1011 so we can determine interest before purchasing anything.

S  
e  
p  
t  
e  
m  
b  
e  
r  
2  
0  
1  
3  
  
B  
l  
a  
i  
r  
C  
o  
u  
n  
t  
y

## Annual Membership Meeting Announced Candidates for Board of Director Members Submitted

The Arc's Annual Membership Meeting will take place on Tuesday, September 24th at 6:30 p.m. This newsletter will serve as notification of the nominee slate to be submitted for new officers of the Board of Directors and new Board of Director Members. If membership passes the motion, the new positions will be installed at the Annual Meeting.

The Annual Membership meeting is one of the membership meetings required by the bylaws. All Arc members in good standing and with current membership fees paid are encouraged to attend the annual meeting where a review of the Arc of Blair County finances and operation of the agency will occur. An annual report listing the highlights of the year will be provided.

The Nomination Committee consisting of Richard Fiore, Jr., Jack McDougal, JoEllen Steinbrunner and Gary Pfahler is submitting the following individuals for appointment to the Board of Directors: Serving a final two-year term, expiring in September of 2015 – Brian Irwin, Jack McDougal, Gary Pfahler and JoEllen Steinbrunner. Filling a vacancy and serving a two-year ending in September of 2015 is Justin Beegle of Skills, Inc. Serving a first two-year term: Devin Wineland, Dr. Ed Farabaugh, Sara Fiore-Gunnett of LS Fiore, Jim Kilmartin of Keystone Business and Marvin Walters of Altoona First Savings Bank.

Nominees for Officers of The Board of Directors, serving a first one-year term, include: Jack McDougal, President; Anna Caporuscio, Vice-President; and Brian Irwin, Treasurer. Serving a final one-year term is JoEllen Steinbrunner, Secretary.

We wish to thank Richard Fiore, Jr., Scott Lambert, Donna Messner, Lauri Rager and Brigitte Scaramozzino whose terms expire on September 30, 2013. Your contributions to The Arc have been many and we are so grateful for your years of service.

A listing of qualifications for the slate of candidates is available at The Arc of Blair County office. Please contact the office at 946-1011 if you plan to attend the meeting.

## WINE TASTING???

The Arc of Blair County has met with several families to discuss the possibility of hosting a wine tasting night at The Arc. The idea is a continuation of the theme from page 1 of creating programs based on social events that occur in the lives of people who do not have a disability diagnosis.

The evening would be a well supervised night of tasting select wine, cheeses and breads from across the globe. Art pieces created by Arc members would be on display in an art gallery style of room lay-out. The educational evening would provide members an opportunity learn the process of how wine is produced and why certain wines are chosen for certain type of meals.

Everyone attending would need to be over the age of

21 and the tastes would be limited to small samples and limited testing. The Arc is interested in your opinion. If you would like to see this enrichment program brought to The Arc, please call and let us know so we may begin planning a structured, diverse program.

## PROGRAM UPDATES

*read inside for details of the programs!!!*

All cancellation or changes will be posted to The Arc website at [www.thearcblair.org](http://www.thearcblair.org) only if a last minute cancellation occurs. If a program was changed, BUT, listed in the newsletter with advance notice, it will not be posted on the website. Read all of the pages of the newsletter or run the risk of wasting an unnecessary trip.

Cooking Class – 5:30 pm to 7:30 pm. See inside for details.

BOCCE – 6 pm. **September is the last month of Bocce** so come out and enjoy the season before cold weather starts.

Cake Decorating- Class is full. 6 pm to 7:30 for those who registered. See inside for details.

Craft Class – 6:30 p.m. Call early to reserve a spot in the class as registration closes after 20 people sign up.

Choir – WE ARE BACCCKKK! Practice starts at 7:00 p.m.

Line Dancing – 6 p.m. Bring water bottle.

Square Dancing – SUMMER FUN IS OVER. BACK TO DANCING. 6:15 p.m. Bring water bottle.

## **You Snooze You Lose**

*Don't be caught sleeping...Too many people do not read The Arc newsletter and show up on the wrong date, arrive at the wrong location, or do not get to participate in a program because they wait too long to register and the class is full. The newsletter is a benefit for members to stay connected on what is taking place. You have to read the entire newsletter for details, not just skim the calendar and think you know what is going on. Do yourself a favor, not an injustice, by simply taking 5 minutes to be sure you know what is happening at The Arc of Blair County.*

### **September 2013 Calendar**

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 <b>Bocce</b>	4 <b>Line Dance</b>	5 <b>Square Dance</b>	6	7
8	9 <b>Craft Class</b>	10 <b>Bocce</b>	11 <b>Line Dance</b>	12 <b>Square Dance</b>	13	14
15	16 <b>Cake Decorating</b>	17 <b>Bocce</b> <b>Arc Angels Chorus</b>	18 <b>Line Dance</b>	19 <b>Square Dance</b>	20	21
22	23 <b>Cooking Class</b>	24 <b>Bocce</b>  <b>Annual Meeting</b>	25 <b>Line Dance</b>	26 <b>Square Dance</b>	27 <b>Health and Welfare Council</b>	28
29	30					

### **AND THE WINNER IS...**

The Arc extends a very sincere thank you to the members who stepped up and sold Penn State Chances. Our funding at this agency is limited and we need members to begin and take more ownership for the continuation of the agency. A special thank you gift is being discussed for members who sold tickets.

Congratulations to the Bucher Family who sold the most chances (40 tickets). They have now received two tickets to the homecoming game against Michigan. Other members who nearly won the gift because they sold so many tickets include: Bart Rhodes, Jackie Frew, Stacy Miller and Pat and Donny Rabine. Hats off!

Hope Neff, pictured at right, drew the winning tickets along with Sue Eckenrode. And, the winners are...

Eastern Michigan game – Betsy Kovach, sold by Jackie Frew  
Central Florida – Barry Gaut, sold by Barry Gaut (self)

Kent State – Michelle Grove, sold by Dorothy Rightenour  
Illinois – Michele McClellan, sold by Brandon McClellan  
Purdue – Michael Cliber, sold by Michael Cliber (self)  
Nebraska - Marilyn Williams, sold by Dorothy Rightenour



A nice turnout was on hand for the summer picnic at Brush Mountain Sportsman's Club. We are humbly grateful to Georgie Sible and the Sible/Ermin family for organizing such a relaxing time. Pictured below is Amy Faris' excitement at catching a fish and Don Rabine's first attempt at fishing (first time ever to fish), plus the Sible/Ermin family.





Current Resident or



The Arts at The Arc Summer Edition wrapped up with so many beautiful art pieces created. Special thanks to the instructors for giving of their time and talent.



A gracious nod to 3-2-1 Gallery in Hollidaysburg for opening their doors so students could see the many forms art can take; for Michael Long's Art Studio in Duncansville for teaching us respect of nature; and for Playtime Pottery for teaching us to cut glass and make unique glass art.

Some beautiful bracelets were created at the ladies night out. A shout out to Donna Pearlman from Penn State Altoona, and her daughters, for bringing us a huge assortment of unique stones to choose from, allowing each person to create a one-of-a-kind keepsake.

