

## DATE CHANGE Cake Decorating

We have a large interest in the cake decorating class, which is great. In fact, the class is full. But, unfortunately, we need to change the date until September. The instructor needs to travel to the Cleveland Clinic on August 8 to support a family member who is very ill.

The rescheduled date for cake decorating is now September 16. The day of week remains a Monday and the time remains 6:00 pm to 7:30 pm. We hope the date change does not cause a conflict for those who have already registered. Please call The Arc at 946-1011 if you cannot make the new date.

Also, please be sure to bring a water bottle in case you get thirsty, an apron or old shirt to prevent icing on your clothes, and a cake carrier. You will need to take your decorated cake home with you. If you do not have a cake carrier (a plastic holder similar to Tupperware) then a pie plate and the lid to a mid-size *lined* cardboard box will work (bigger than a shoe box but smaller than a copy paper box). The lid will go on top of the pie plate with your cake nested inside the pie plate.

This is 'shaping' up to be a wonderful program!

## Summer Picnic Scheduled for AUG

The Arc is planning a picnic at Brush Mountain Sportsmen Club on Tuesday, August 13 from 11 am until 2 pm. The club has a natural swimming pool, fed from the mountain stream, a stocked fishing pond, and paths for nature walks. Fishing rods will be provided so members can fish and you will want to bring your bathing suit to swim. A lifeguard will ensure everyone is safe in the pool. Enjoy some games and a lot of delicious food. Lunch will be served from 12 until 12:30.

There is no cost to attend. This wonderful day is being offered through the generosity of Georgie Sible and her family who are members of Brush Mountain Sportsmen Club and have very kindly secured the day as a private day for an Arc picnic. The Sible and Ermin families are busy planning a full lunch menu, getting all the fishing rods ready and prepping the club in anticipation of a nice Arc turnout.

Take the Pinecroft Exit off of I-99 and make a right at the stop sign at exit ramp. The entrance to the club is only 50 yards from the exit ramp. Look for balloons at the gate and drive to the pavilion with balloons. Let's get out of the house, away from video games and the internet, and create some wonderful summer memories the old fashioned way of swimming and fishing.

## Farewell to a Long-Time Friend

2013 has shaped up to be a sad year for The Arc of Blair County. Many long-time supporters and family members have passed. People who have made a difference in the evolution of The Arc and should not be forgotten. One of the leaders for advancement of people with disabilities whom we have lost is Peggy Bailey. Peggy was a fire-cracker who fought to make sure everyone was linked to the community. She developed several innovative programs at The Arc and secured necessary equipment to expand social programs and outings. Peggy served as the Executive Director at The Arc for a number of years. She leaves behind a daughter, Becky, whom she advocated for to become gainfully employed. Friends fondly remember Peggy as someone who would not be deterred until the best possible outcome was achieved. There was not

## Cooking class at Arc

It is time to take all those delicious vegetables from The Arc garden and turn them into nutritious meals.

Monday, September 23 from 5:30 to 7:30 join us as we learn the variety of recipes we can make with vegetables. We will also be exploring how to can certain vegetables for future use and a short introduction on how to make homemade marinara sauce.

Once we experiment with a couple of recipes, we must, of course sample the dish! So, come with a light appetite as we will be sampling food during this program.

a public viewing held nor an obituary posted. However, The Arc wants to take a minute and say 'thank you, Peggy' for all you have done. You are missed!

Peggy doing what she did best – 'working the room' to make change happen



## Who is going to the Penn State vs Michigan football game?

By now you should have received your Penn State raffle tickets in the mail. The Arc really needs your help in selling them. There is only one month to sell tickets before they are drawn on August 22.

Remember, one person is going to be able to go to one of the biggest games of the year. The person who sells the most raffle chances will receive 2 tickets to the Penn State vs. Michigan homecoming game on October 12.

Thank you to the members who have already turned their raffle chances back in. Many of you have requested more tickets to sell and for that we are grateful. An advocacy organization is so important to the future well-being of rights and laws for people who have disabilities.

If you haven't received your tickets, give The Arc a call and we will mail them to you. Help us to keep your Arc of Blair County growing.

Have you ever considered what our community would like without the human service support systems available to assist families? The Arc of Blair County is continuously adding programs and educational opportunities for its members. The Arc of Blair County has been in existence for 60 years working tirelessly for the civil rights of people who have a disability. The Arc of Blair County does not receive government funding/waiver funding to support the agency. The Arc of Blair County staff manages the kayak fundraiser and assists with the Sunrise Rotary Becky Sheetz Memorial Golf Tournament with little support from the majority of members.

This is the one time of year we reach out to members and ask you to support an agency which has supported others for decades.

### GOLF ANYONE?

Calling all golfers to the 18th annual Becky Sheetz Memorial Golf Tournament!

The tournament is one of the premiere golf tournaments in the area.

There are plenty of chance games at different holes, a snack wagon continuously circles the golf course, a burger and hot dog station is along the course, prizes galore and a full menu lunch is provided.

Morning and afternoon start times are available. Become a part of this fun outing by contacting The Arc to receive a registration form.



The golf outing takes place at Iron Masters golf course in Martinsburg on Thursday, August 22.

### Don't Forget – August is Ladies Night Out



The Jewelry making class is full. We are looking forward to ladies night on Friday, August 16, from 6pm to 8 pm. as we

custom design our own unique bracelets.

Go light on dinner as The Arc will be providing appetizers and drinks.

For those who registered but are not yet an Arc member, please bring \$5 to participate in the program.

Guys, we didn't forget about you. We tried to hold a poker night but not enough men expressed interest. However, please join us for the picnic at Brush Mountain Sportsmen Club for a day of fishing. More information inside this newsletter.



# Arts at The Arc

From a coat hanger and block of wood into a sculpture ...



From an old record into a container that holds plants, fruit, chips, etc. ...



The summer edition of Arts at The Arc has proved to be a popular class. The theme of the entire series is "Recycle". Students have been given many ideas for items that can be created into beautiful pieces of art instead of tossing away. Many people believe art to be inspirational, therapeutic and beautiful to behold – just like mother earth. Students are given real life examples of 'going green' including using ice-cube trays to put paint into for a working palette instead of Styrofoam egg cartons which pollute the environment.





**The Arc of Blair County**  
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PROGRAM TIMES: craft class, 6:30 pm; bocce, 6 pm; line dance 6 pm; square dance, 6:15 pm; There is no square dance on August 8 or August 29. See inside newsletter for picnic time and Ladies Night Out time.

**August 2013 Calendar**

*Achieve with us.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> Square Dancing	<b>2</b>	<b>3</b>
<b>4</b>	<b>5</b> Craft Class – <i>NOTE</i> <i>SPECIAL DATE</i> <i>CHANGE</i>	<b>6</b> Bocce	<b>7</b> Line Dance	<b>8</b>	<b>9</b>	<b>10</b>
<b>11</b>	<b>12</b> Adult Art Class (must be pre-registered)	<b>13</b> <i>Arc Picnic</i>  Bocce	<b>14</b> Line Dance	<b>15</b> Square Dancing	<b>16</b> Youth Art Class (must be pre-registered)  Ladies Night Out in evening (pre registered)	<b>17</b>
<b>18</b>	<b>19</b> Adult Art Class (must be pre-registered)	<b>20</b> Bocce	<b>21</b> Line Dance	<b>22</b> Becky Sheetz Memorial Golf Tournament  Square Dancing	<b>23</b> Youth Art Class (must be pre-registered)	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b> Bocce	<b>28</b> Line Dance	<b>29</b>	<b>30</b>	<b>31</b>

Upcoming programs – The Arc hopes to offer Zumba in October. Details in next month's newsletter